

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Cereal WG Apples 1% & Fat Free Milk	WW Croissants Jam Plums 1% & Fat Free Milk	WG Banana Bread Pears 1% & Fat Free Milk	WW Mini Bagels Cream Cheese Apples 1% & Fat Free Milk	WG Chocolate Chip Banana Bread Clementines 1% & Fat Free Milk
LUNCH	Dominican Locrio De Pollo WG Seasoned Rice Habichuelas Guisadas Sweet Plantains Watermelon 1% & Fat Free Milk	Beef Nacho Bowl WW Tortilla chips Roasted Corn Peppers & Onions Strawberries 1% & Fat Free Milk	WG Pasta con Tocino w/ Turkey Bacon Garlic Spinach Roasted Corn Oranges 1% & Fat Free Milk	Garlic Rosemary Chicken WG Roll Green Beans Cantaloupe 1% & Fat Free Milk	Turkey Picadillo WG Seasoned Rice Roasted Carrots Bananas 1% & Fat Free Milk
SNACK	1% & Fat Free Milk	WW Roll w/ Cheddar Cheese 1% & Fat Free Milk		WG Pretzel w Mustard 1% & Fat Free Milk	Rice Cakes WG w/ Jam 1% & Fat Free Milk

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.