

Harvest of the Month:
STRAWBERRIES

Lunch at Philip's Academy Paterson
June 3 - 13, 2019



	3	4	5	6	7
Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Entrée</i>	Cauliflower Mac & Cheese	Baked Chicken Tenders	Veggie Chili	Cajun Tilapia	Turkey Burritos
<i>Starch</i>	Whole Grain Elbows	Whole Grain Waffle	Mini Corn Muffin	Brown Rice	Whole Wheat Wraps
<i>Vegetable</i>	Sauteed Spinach	Watermelon & Tomato Salad	Included	Peppers, Onions Tomatoes & Okra	Collard Greens & Salsa
<i>Dessert</i>	Peaches	Grapes	Pineapple	Nectarines	Mixed Berry Crisp
	10	11	12	13	14
Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Entrée</i>	Pasta Primavera	Chicken & Broccoli	Beef Sloppy Joe	Turkey & Tuna Sandwiches	FAMILY
<i>Starch</i>	Whole Grain Farfalle	Jasmine Rice	Whole Grain Bun	Whole Grain Rolls & Pretzels	FIELD
<i>Vegetable</i>	Mixed Vegetables	Broccoli, Red Peppers & Carrots	Crudites	Lettuce & Tomato	DAY
<i>Dessert</i>	Oranges	Melon	Apples	Strawberry Yogurt	
Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
	1/2 DAY	1/2 DAY			
<i>Entrée</i>	Vegetable Bolognese	Beef Hot Dogs	SUMMER		BREAK
<i>Starch</i>	Whole Grain Spaghetti	Whole Wheat Buns			
<i>Vegetable</i>	Broccoli	Crudites			
<i>Dessert</i>	Graham Crackers	Watermelon			
Week Four	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Entrée</i>		SUMMER		BREAK	
<i>Starch</i>					
<i>Vegetable</i>					
<i>Dessert</i>					

Questions? Love something we make? Want to share a favorite dish or recipe? Email us bmedina@pacnewark.org

WE CREATE VEGAN VERSIONS OF THE DAILY ENTRÉE

Menus subject to change based on availability